

Some notes on the Tiger Cub Tracker Spreadsheet

(All requirements are as 2006 as listed on <http://usscouts.org/advance/cubscout/tiger.html>)

STOP!! Do you have the latest version? This is version v2r6. Please check the following website to make sure you have the most recent version of the file before beginning! www.madsenco.com/scouting.shtml

This spreadsheet will track the progress of up to 15 scouts in your Tiger den.

The spreadsheet contains an individual worksheet for each tiger in your den (Tiger 1 through Tiger 15) and a summary sheet, where the progress of all the Tigers can be viewed.
The Summary sheet allows you to enter "Awarded" dates for each activity.

The Tiger worksheets are where you enter all the activity for each Tiger. No entries can be made on the detail or summary sheets - they are calculated from the Tiger sheets.

For each advancement activity completed, enter an **A** for the activity on the appropriate Tiger worksheet (in column J).
For each Tiger Track elective completed, enter the number of times each activity has been done (in column O).

If you work as a group on a requirement and want to add the requirement for multiple scouts, hold down the control key and then select all the scouts in the meeting. That will highlight the tabs for those scouts. On one scout, enter in the items earned and it will be entered for all scouts' whose tabs are highlighted. When you are finished, make sure to click on any other tab other than the highlighted tabs and the tabs will no longer be highlighted and you can enter things done for a single scout again.

The spreadsheet will calculate the rest! A **"C"** indicates that the advancement area (totem, achievement, or ranks) is complete. A **"P"** indicates that the advancement area is partially complete

All cells with a shaded background are calculated cells - don't type anything in these cells or the formulas will be lost!

I have turned protection on to prevent the accidental typing in calculated fields. If you want to turn protection off, the password is 'tiger' without the quotes.

To ADD NAMES FOR Scouts -

Double click on the worksheet name 'tab' such as "Scout 1" at the bottom of the sheet and type in the scout's name. His name will then appear on the top of the sheet and on the summary sheet.

(For OpenOffice users, cell A1 will not feed directly from the tab name so you will need to type the name again in cell A1.)

If you are not familiar with tabs, the worksheet tab for this sheet is 'Notes'.
By double clicking the worksheet name, Excel will allow you to rename the worksheet.

If you have any questions, contact me at Roxanne@madsenco.com

YIS

Roxanne Madsen
Former Den and Webelos Leader
Pack 215, Walnut Creek Ca
Former Scoutmaster
Troop 277, Pleasant Hill CA

Revision History:

V2r6 - Released June 2006

Elim Crime prevention award (discontinued by BSA), added P for yellow beads if electives done but rank not earned yet

V2r5 - Released Oct 2005

Fixed detail sheet rollup for phy fitness, crime prev and emer prep awards.

V2r4 - Released Aug 2005

Fixed elective beads calculation

V2r3 - Released June 2005

Added Phy Fitness, Emer Prer and Crime Prev Awards

V2r2 - Released Feb 2005

Changes: increased to 15 scouts; fixed formatting to work better with OpenOffice; added Outdoor Activity Award; added bead tracking

V2r1 - Released 22 August 2001 (by Scott Gerlach of the Longs Peak Council)

Maintenance taken over by Roxanne Madsen in Feb 05 with Scott's permission

Tiger 1

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 2

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnighter		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 3

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 4

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnighter		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 5

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 6

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnighter		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 7

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

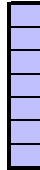
Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 8

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnighter		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 9

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnighter		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 10

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 11

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 12

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 13

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 14

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award

Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnigher		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	

Tiger 15

- Belt Totem
- Tiger Cub Rank
- Tiger Track Electives
- Bobcat Rank
- Outdoor Activity Award
- Physical Fitness Award
- Emergency Prep Award



Achievement Summary

Making My Family Special	1	
Where I Live	2	
Keeping Myself Healthy and Safe	3	
How I Tell It	4	
Let's Go Outdoors	5	

Beads Summary

White Beads (Family)	1	
Orange Beads (Den)	2	
Black Beads (Go See It)	3	
Yellow Beads (Electives)	4	

Notes:

Do not make any entries in shaded boxes!
These are calculated fields.

Enter an "A" in column J to log credit for each completed totem, achievement, or Bobcat item.

Enter a number in column O to log the number of times each elective has been completed.

In the calculated fields:

P = Partial completion.

C = Completion.

To unlock this sheet, password = tiger

BELT TOTEM RECORD

Tiger Cub Motto	1	A	
Cub Scout Sign	2	A	
Cub Scout Salute	3	A	

ACHIEVEMENT RECORD

Complete a Chore with Partner	1	F	
Make a Family Scrapbook		D	
Visit historical bldg or old person		G	
Look at a map of your community	2	F	
Say pledge & do flag ceremony		D	
Visit police or fire station and ask		G	
Plan & practice fire drill	3	F	
Develop plan if you get lost		F	
Make a food guide pyramid		D	
Watch a sport & learn its rules		G	
Have family discussion at a meal	4	F	
Play "Tell it like it isn't"		D	
Visit television, radio, or newspaper		G	
Go outside & watch the weather	5	F	
Make a leaf rubbing		D	
Take a hike with your den		G	

BOBCAT RECORD

Cub Scout Promise	1	A	
Law of the Pack & Meaning	2	A	
Meaning of Webelos	3	A	
Cub Scout Sign & Meaning	4	A	
Cub Scout Handshake & Meaning	5	A	
Cub Scout Motto	6	A	
Cub Scout Salute & Meaning	7	A	
"Bobcat Requirements"	8	A	

OUTDOOR ACTIVITY AWARD RECORD

Day or resident camp	1		
One requirement in Ach 5	2		
Plus three below			
Nature hike	3	A	
Outdoor activity		B	
Explain the buddy system		C	
Pack overnighter		D	
Outdoor service project		E	
Nature/conservation project		F	
Summertime Pack Award.		G	
Nature observation activity		H	
Outdoor aquatic activity		I	
Outdoor campfire program		J	
Outdoor sporting event		K	
Outdoor Scout's Own		L	
Explore a park		M	

PHYSICAL FITNESS AWARD RECORD

Cardiovascular fitness evaluation	1		
Give a presentation	2		
Explain steps taken for fitness goals	3		
Explain symptoms of dehydration and hypothermia	4		
How you would prepare for physical fitness goals	5		
Set up a fitness goal-oriented plan	6		
Demonstrate your ability to improve with your own goal-oriented fitness plan	7		

EMERGENCY PREP AWARD RECORD

Complete Tiger Cub Achievement 3	1		
Complete Tiger Cub Elective 27	2		
Complete one of these			
Take American Red Cross First Aid for Children Today (FACT) course.	3	A	
Join a safe kids program such as McGruff Child Identification, Internet Safety, or Safety at Home		B	
Show and tell your family household what you have learned about preparing for emergencies		C	

TIGER TRACK ELECTIVE RECORD

How Do You Celebrate?	1	
Making Decorations	2	
Fun and Games	3	
Display a Picture	4	
Family Mobile	5	
Song Time	6	
Play Along	7	
Your Religious Leaders	8	
A New Friend	9	
Helping Hands	10	
Helping the Needy	11	
A Friendly Greeting	12	
Making Change	13	
Reading Fun	14	
Our Colorful World	15	
Collecting and Other Hobbies	16	
Make a Model	17	
Sew a Button	18	
Magic Fun	19	
Get the Word Out	20	
The Show Must Go On	21	
Picnic Fun	22	
What Kind of Milk?	23	
Help in the Kitchen	24	
Snack Time	25	
Phone Manners	26	
Emergency!	27	
Smoke Detectors	28	
Safety in the Sun	29	
Plant a Seed	30	
Learn About Animals	31	
Feed the Birds	32	
Cleanup Treasure Hunt	33	
Conservation	34	
Fun Outdoors	35	
See a Performance	36	
Take a Bicycle Ride	37	
Bicycle Repair	38	
Go to Work	39	
Fun in the Water	40	
Transportation	41	
Fun at the Zoo	42	
Pet Care	43	
Dairy Products	44	
Fresh Baking	45	
Healthy Teeth and Gums	46	
Reduce, Reuse, Recycle	47	
Go for a Ride	48	
Your Government	49	
Banking	50	